

## North Star Naturopathic Medicine

*The Medical Practice of Dr. Christina Caselli, ND – Mount Shasta, California*

### Supplement Price Sheet

<b>Mandatory Products (All Purchased Through Health Wave)</b>	<b>Price</b>
Metagenics UltraClear Plus pH (2)	\$65.56 (2)=\$131.12
Biodesign Maxi Fiber 9 oz	\$13.60
Integrative Therapeutics Tri-Magnesium 60 caps	\$16.72
Thorne Pure-Probiotic (Allergen Free) 60 caps	\$14.64
Wise Women Mixed Berry Solid Extract 2 oz	\$15.60
Wise Woman Livixer	\$12.72
Subtotal (before tax)	\$204.40
<b>Optional Products</b>	
Integrative Therapeutics Laxative Formula	\$12
Vital Nutrients GI Repair Powder (for gut healing)	\$34.72
Integrative Therapeutics Blue Heron Gut Soothing (for gut healing & GERD)	\$18.32

### Instructions for Supplement Order

- 1) Once you sign of for the program I will send you a prescription for the supplements and you will purchase them through Fullscript online dispensary. If this is problematic for you contact me in advance.
- 2) Please allow for at least 3-5 days before the Class begins to order your products.
- 3) I will be making a 15% margin on MFRP for the supplements you purchase and you will be given a 20% discount.
- 4) **You must purchase 2 protein powders to have enough for the whole month.**
- 5) If you already have a probiotic or a magnesium supplement, you can continue to take the ones you have or you can order the ones I recommend. The other supplements are non-negotiable for this process.
- 6) If something on this list is out-of-stock through Fullscript, contact me ASAP and I will find you a similar alternative.
- 7) Optional products:
  - a. The laxative formula is recommended if you experience constipation.
  - b. The GI repair powder is recommended if you have a history of any gastrointestinal discomfort.
  - c. The Gut Soothing Formula is recommended if you have a history of GERD (gastro esophageal reflux disease) and can be taken with the GI repair powder if you have a long history of GI complaints.

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